

GENERAL INFORMACION

PARK RULES AND REGULATIONS

- Alcohol is strictly prohibited at all local parks.
- Bottles and glass containers are prohibited in the park.
- All vehicles must park in marked stalls.
- Vehicles are not allowed on the grass or non-designated parking area.
- Motorized vehicles prohibited on sidewalks and turf.
- Proof of insurance is required for any equipment brought in the park.

RECYCLE BINS

Linda Vista Recreation Center has recycling bins located next to the tennis courts. Recycle newspaper, telephone books, magazines, junk mail, cardboard, aluminum and tin cans, all types of glass and plastic bottles. All proceeds benefit the youth programming at Linda Vista Recreation Center.

CHECK OUT CARDS

Cards are available with parent's approval. Children may obtain a check-out card which entitles them to check-out board games, table games, balls and sports equipment. First card is free, each additional card is 25¢. Guardians will be responsible for replacing lost equipment checked out by children. *There will be a \$20.00 fine for any equipment damaged or not returned on the same day.*

VOLUNTEERS NEEDED!

Ongoing opportunities are available at recreation centers, pools and regional parks throughout the City, as well as with senior and therapeutic recreation programs. If you would like to volunteer, please see staff for more information, or visit www.sandiego.gov/park-and-recreation/general-info/volunteer.shtml or contact the Volunteer Office at: (619) 685-1324.

DONATIONS

By donating to our park system, you can help the Park and Recreation Department to enrich the lives of others through quality parks and programs. Your gift will help ensure that we meet the needs of the community, including people of all ages, abilities and income levels through recreation, natural open space parks, neighborhood parks, and aquatics programs. For more information on how you can become a donor to your favorite park, pool or recreation program, please call Gary Stromberg, Deputy Director CPI Division, (619) 221-8910.


ILLEGAL DUMPING

Just a reminder, it is illegal to use our dumpsters for your household refuse. While at the park, please use the proper trash receptacles. Help us to keep your park, safe, clean, and beautiful.

NON-SUFFICIENT FUNDS

A minimum \$25 fee for all returned checks.

AS A RECIPIENT OF FEDERAL FUNDS, THE CITY OF SAN DIEGO CANNOT DISCRIMINATE AGAINST ANYONE ON THE BASIS OF RACE, COLOR, GENDER, RELIGIOUS CREED, MARITAL STATUS, SEXUAL ORIENTATION, ANCESTRY, NATIONAL ORIGIN, AGE, MENTAL OR PHYSICAL DISABILITY, MEDICAL CONDITION (INCLUDING HIV, AIDS & AIDS-RELATED COMPLEX). IF ANYONE BELIEVES HE OR SHE HAS BEEN DISCRIMINATED AGAINST, HE OR SHE MAY FILE A COMPLAINT ALLEGING THE DISCRIMINATION WITH EITHER THE CITY OF SAN DIEGO PARK AND RECREATION DEPARTMENT (CONTACT THE DISTRICT MANAGER AT (619) 221-8918) OR THE OFFICE OF EQUAL OPPORTUNITY, U. S. DEPARTMENT OF THE INTERIOR, WASHINGTON, D.C. 20240. THIS INFORMATION IS AVAILABLE IN ALTERNATIVE FORMATS UPON REQUEST.

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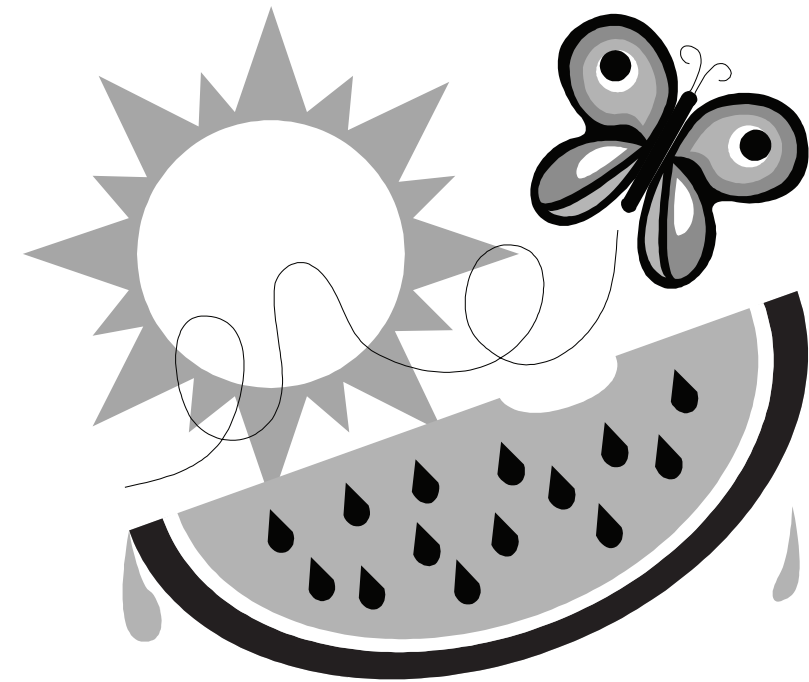
THE CITY OF SAN DIEGO PARK AND RECREATION DEPARTMENT
"WE ENRICH LIVES THROUGH QUALITY PARKS AND PROGRAMS"



Linda Vista Recreation Center

7064 Levant Street • San Diego 92111

Phone: (858) 573-1392 • Fax: (858) 636-4873 • www.sandiego.gov



Summer 2006 Program

Effective through August 31, 2006

Programs & fees are subject to change without prior notice.

WELCOME

The staff at Linda Vista Recreation Center would like to welcome you and your family to our facility. This is an active and community-involved center that wants to give you the best recreational activities possible.

Linda Vista Recreation Center has a gymnasium, an auditorium, a weight room, two meeting rooms, an industrial size kitchen, four lighted tennis courts, two softball fields, a tot lot, a multi-purpose lighted court, a lighted basketball court, and a handball court. Meeting rooms are available for rent. Call the center for details.



ADULT ACTIVITIES

ROUND DANCING

This class is designed to teach synchronized ballroom dancing to seniors. Class is dark in July and August. Tuesday (On going) \$5.00 per class
Phase 4 & 5 2:15 p.m. - 4:00 p.m.
Phase 3 & 4 6:15 p.m. - 7:30 p.m.
Instructors: Bill & Linda Maisch

PIGEON CLUB

Join local bird enthusiast at the Pigeon Club. The Pigeon Club meets the second Sunday of each month from 12:00 p.m. to 4:00 p.m. All visitors welcomed. Come in and find out what the club is all about!!

PENNY DRIVE

We have not reached our goal of 1 million pennies and still need your help. Please stop by and drop off those pennies in the jar. The money raised will benefit the youth programming at Linda Vista Recreation Center.

COMMODITIES

Distributed the 4th Wednesday of each month -- 8:00 a.m. - 10:00 a.m. For more information, call

WEIGHT ROOM

The Weight Room is open during normal hours of operations. Must be over 18 to enter the room. Fee: \$10.00 per month.

ADULT OPEN PLAY BASKETBALL

Please call the center for current hours of open play basketball. Open play hours are subject to change without notice.

HOOPS UNLIMITED BASKETBALL LEAGUE

For more information please call Hoops Unlimited at (800) 834-2829.

LINDA VISTA RECREATION COUNCIL

Do you have an idea? Do you want to be involved in your community? Linda Vista Recreation Council is an advisory committee made up of individuals from the community. Council members work with City staff to promote recreation activities for the citizens of Linda Vista. The council meets the second Tuesday of the month at 6:00 p.m. Bring you ideas! Get Involved! Everyone is Welcome!



HOURS OF OPERATION*

Monday	5:00 p.m. - 9:00 p.m.
Tuesday	2:00 p.m. - 9:00 p.m.
Wednesday	2:00 p.m. - 9:00 p.m.
Thursday	2:00 p.m. - 10:00 p.m.
Friday	2:00 p.m. - 7:00 p.m.
Saturday	10:00 a.m. - 4:00 p.m.
Sunday	12:00 p.m. - 4:00 p.m.
September 4, 2006	CLOSED



YOUTH SUMMER BASKETBALL LEAGUE

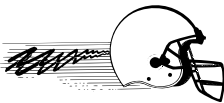
Boys & Girls, we are currently organizing a Summer Basketball League. If you are interested in playing, stop by the center and pick up a registration form. Ages: 15 - 17

FREE SUMMER LUNCH PROGRAM

All food must be eaten in the designated area. Adults may not eat any part of the child's lunch. Monday - Friday Ages 2 - 17
Lunch 12:00 p.m. - 1:00 p.m.
Snack 3:00 p.m. - 3:30 p.m.



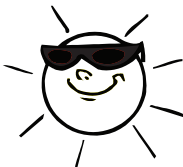
YOUTH FLAG FOOTBALL AND CHEERLEADING REGISTRATION
If you are interested in playing or cheering for Linda Vista Recreation Center, then register for either activity. Registration begins August 1, 2006. Proof of age and the \$10.00 registration fee are required at the time of registration.



* Parent must sign a liability waiver (permission slip) in the office prior to student participation.
** Your donation of newspapers and empty aluminum or plastic cans will help support our free youth programs. Cash donations are also accepted.

RECREATION CENTER STAFF

Calvin Tani	Area Manager II
Ira L. Patron	Recreation Center Director III
Dan Apodaca	Ground Maintenance Worker II
Ronnel Green	Ground Maintenance Worker II
Terry Randle	Ground Maintenance Worker II
Jorge Gonzalez	Recreation Leader I
Shannon Hayes	Recreation Leader I
Michelle Mallory	Recreation Leader I



YOUTH ACTIVITIES

SUMMER ACTIVITIES

Free summer activities for kids available, stop by the recreation center and pick up a monthly calendar of activities.

VOVINAM (Vietnamese Martial Arts)
Ages 8 & up FREE* **
Monday & Wednesday 6:00 p.m. - 7:30 p.m.
Sunday 12:00 p.m. - 3:30 p.m.

Instructor: Tam Nguyem
This exciting class is designed to build strength, flexibility, concentration and discipline, while exposing class members to the Vietnamese culture and philosophy.

KUNG FU
Ages 8 & up FREE* **
Saturday 1:00 p.m. - 3:45 p.m.
Instructor: Hai Nguyen



UP COMING SPECIAL EVENT

- Halloween Carnival
- Toys for Tots
- Turkey Trot
- A Day with Santa